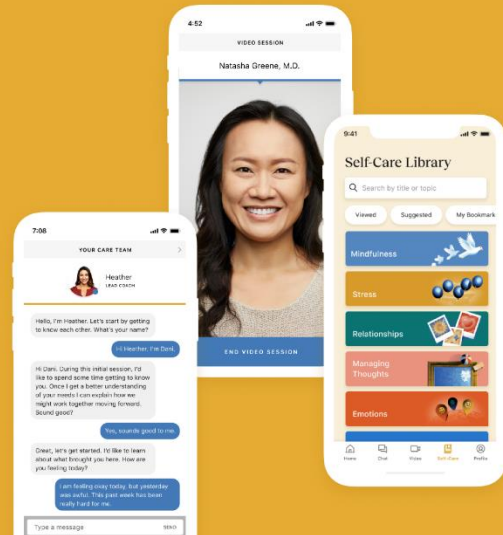


New Benefit

Share the care with loved ones.

ginger



Dependents age 13 and older have access to Ginger, too

Because your family's emotional well-being matters, too, Ginger is also available to dependents, including teens ages 13 to 17. Dependents get access from their own, separate accounts. Their usage and data are private and confidential.

Paycor provides mental healthcare through the Ginger app to you and your dependents age 13 and older. Ginger offers on-demand, confidential mental healthcare through coaching via text-based chats, self-care activities, and video-based therapy and psychiatry—all from the privacy of your smartphone. Ginger is available in Spanish.

Get Started with [Ginger](#)

1. Download the [Ginger Emotional Support app](#).
2. In the app, tap "Create account," then "My Organization."
3. Follow the instructions. You're all set!

Your dependents also have access to Ginger.

Adult dependents (age 18+) must download the mobile app and tap "Sign up as a dependent" to get started with Ginger.

Teen dependents (ages 13-17) must be referred by their parent/guardian. To refer your teen, open the app, tap "Profile," then "Dependents" so we can send them an email invitation to Ginger.

But wait, there's more...

Bi-weekly tips delivered to your inbox.

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Live, interactive sessions with a Ginger coach.

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Have a question? Email us at help@ginger.com